



Photo by Greg Gancarz | The Prospectus

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“Perspectives of Parkland Vol. 1”

Perimeter Road to showcase local talent with new album.

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HUMANS
OF PARKLAND
Jane Smith



Photo provided by Jane Smith

Emma Gray
Editor

“I guess my story is that I’m more of a late bloomer...When I graduated high school I went off, I had this master plan, I was going off to a four-year school and I, for some reason, thought I knew exactly what I was going to be. I thought PE teacher because I would be fit for the rest of my life, which is hilarious to think about now. But when you’re 18 or 17, I guess, you think you know everything.

[College] was the first time I was away from home and I liked it. I was on the track team, and I didn’t go to class,

SEE HUMANS PAGE 7

Theatre preparing for upcoming musical “Anything Goes”

Gregory Gancarz
Staff Writer

Rehearsals for Parkland’s production of “Anything Goes” are ongoing, with under a month left before the show’s premiere on the night of April 6.

“It’s exactly what you think of when you picture musical theatre,” says Tafadzwa Diener, a theatre major. “Expect lots of fun and a really good time.”

The musical follows the antics of Billy Crocker, a Wall Street banker who falls in love

with Hope, a woman he meets in a New York taxi cab. The subject of his infatuation is already engaged, however. The pair eventually wind up aboard a steamer bound for London where Billy’s boss and a notorious gangster wind up trying to help him win Hope. Plenty of misadventures occur in the process.

“There’s a whole lot of mistaken identity things going on,” says Quinton Ohlsson, a Parkland freshman who plays a member of the sailor quartet. “At one point,

people think Billy is Public Enemy Number One.”

Members of the cast and crew say they are confident they will be ready for opening night.

“[We] have everything together and it’s really well organized,” Ohlsson said. “Everyone’s doing a great job”

Diener noted there was certainly work to be done—considering she says they are only about halfway through rehearsals—but is confident that the first showing would be a success. Soon they

will switch to off-book rehearsals, which take place without the use of nearby scripts to guide the actors.

“We’re just now polishing off what we’ve been learning, like blocking and dancing and the music,” Ohlsson said. “We’re at the stage where we know pretty much everything, but repetition is important. We really need to polish everything off and make sure that we have it all perfect.”

Practices for Cole Porter’s 1934 musical have been going on for

over a month. They originally only took up around three days each week, but now with the premier getting closer, “they get more condensed and they happen more often,” says Ohlsson. “Some weekdays I have off, but most days, I’m here.”

With practice sometimes lasting as long as three hours, getting time in for other responsibilities can be very difficult according to Diener. In her opinion, balancing her schedule

SEE MUSICAL PAGE 2

Parkland vet tech selective, competitive program

EvyJo Compton
Staff Writer

Parkland offers a two-year veterinary technology certificate which was one of the first in Illinois, and those involved say it is a competitive and challenging program.

The vet tech program is for students who wish to work alongside veterinarians or with animals. Students learn a wide range of skills while completing the program.

Sarah Hurley teaches classes in the vet tech program. She is also a graduate of the program in its earlier years.

“It’s medicine,” Hurley states. “We combine all of the health professions into one program. They learn how to clean teeth, help with surgeries which includes the preparation and anesthesia, and they also learn radiology, nursing, and laboratory testing.”

There are several prerequisites that are needed for students to get into the program. Most of these are based on experience.

“We have selective

admissions. We take thirty-six students in the fall,” Hurley says. “Work, volunteer, or observational hours in a veterinary setting are suggested and helpful, but not required. We really encourage people applying to have some type of background in biology, chemistry. Some people get it in high-school; many of our students take college anatomy and physiology before applying to the program.”

Along with experience, students need to have an open mind, good communication skills, and basic math skills, Hurley says.

“It is good for students to brush up on math,” Hurley says. “They have to have pre-algebra level math. Students should have good communication skills as well. I’ve noticed that a lot of students who read a lot excel when they get to the vet tech program. The medical vocabulary comes a lot easier to them.”

Once a student has applied and been accepted into the

program, they begin their classes. There are a number of required classes that students must complete.

“There are a few classes students have to take,” Hurley says. “Large Animal Nursing which is pretty basic handling and physical examination. We hold that class at the U of I. Radiology is where they learn to take x-rays and dental x-rays. Pharmacology is another one; they learn about medicine and its effects. Clinical Pathology is where students learn about diseases. Another one is the lab animal class where they learn all about the birds, rodents, reptiles, exotic creatures. We also have animal management and practice management classes.”

These classes are challenging, and a student has to be committed to the program to continue through it. Students have to get at least a 75 percent grade to pass, Hurley says.

“It’s challenging, no doubt about that,” Hurley states.

“Students are learning many species, not just human. The majority of time is spent in the lab, not in lecture. Plus, it’s a heavy course load that must be taken in a sequence. Students who don’t successfully complete a class will have to wait a year until that course is offered again.”

Students not only have to complete all of the classes, but between their first and second year they are required to do a six-week internship.

“They have to complete a minimum of six weeks doing an internship,” Hurley states. “They can choose whatever they can find in the animal field. Some things that students have done in the past is wildlife rehab, small animal clinics, working in biomedical research... it’s whatever they can find that fits along with the program.”

Once students have completed the program—and have passed their classes with the requisite percentage of points—they then have to take a

board exam.

“Students who complete the program cannot just start work right away,” Hurley states. “They have to take a board exam to be able to get their license. Out of all of our students, almost one hundred percent pass.”

After receiving their licenses, veterinary technicians can start working at a variety of places.

“Once they pass their board exam, students will start looking for jobs,” Hurley says. “A lot of students have jobs while being in the vet tech program, but once they graduate and pass the board exam they will be Certified Veterinary Technicians. Their license opens up opportunities for work in zoos, research facilities, clinics both small and mixed...can also work as animal welfare inspectors, in sales and medicine, and some even go on to work at the University of Illinois vet school.”

A direct, first-hand educational experience is a staple of the program and means students

SEE VET TECH PAGE 7

MUSIC

“Perspectives of Parkland Vol. 1” coming soon

Derian Silva
Staff Writer

Perimeter Road's new record “Perspectives of Parkland Vol. 1” showcases the talents of amateur musicians from the college's student body, to be released later this month.

For many of the artists involved it was their first experience being recorded in a professional studio and dealing with a label; for the student engineers and student staff, it was a chance to get firsthand experience in what it is like to go from finding talent to promoting and putting out a record.

The students on the record come from various musical backgrounds, something that shows in album, which has songs in styles ranging from folk, to pop and hip hop. One thing students did have in common, however, was they all started with music when they were young and want to share their music in a way their peers can relate to.

Trevor Wood, a student involved with a lot of productions of Parkland from radio and drama to television production, says he found his confidence and creativity at Parkland. He wrote a folk song called “Drought in my Heart” which he finished it just a few days before submissions were due. He was inspired by a stint of terrible timing when his girlfriend went away on vacation for two weeks and he left on a one-week vacation the day before she got back.

Lezley Grey, another student artist, has found a strong and solid footing in the fine arts department which creates a community where he is comfortable to enough express himself creatively. He wrote a pop song with some rhythm-in-blues influences called “Do You Remember” inspired by a moment of clarity after admittance of an affair to his girlfriend. He felt that people would be able to relate

to song as it sung and written from a very vulnerable place.

Zachary Austin is a student artist who says he has met many amazing artists and friends at Parkland who have inspired him and expanded his wisdom. He wrote a hip hop song called “Black Card” about getting so wrapped up in trying to make money that you forget to care about yourself as a person.

“I know so many people who definitely know how to love, because they love money,” Austin says.

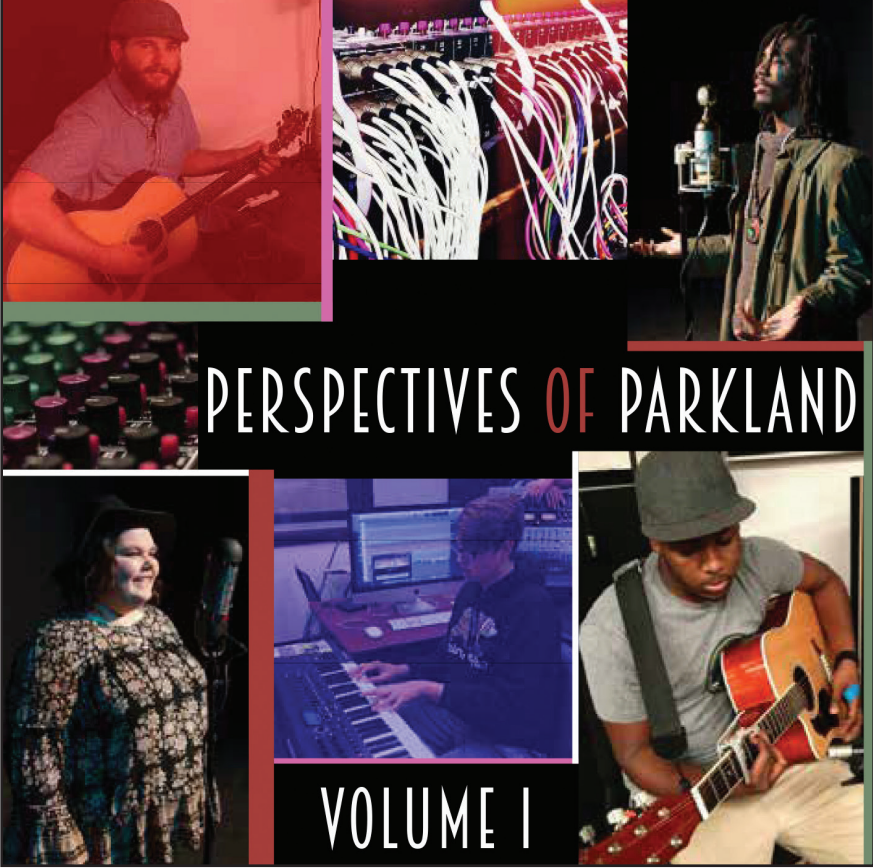
Leah Bice is a student artist who gained confidence while singing at Parkland and took part in many creative endeavors that eventually steered her dreams to new places. She wrote the song “Stay” much in the same way that she learned to write music, by playing four chords and letting her emotions out. She wrote the song about a personal experience that happened about a year ago and hopes that others can relate to the song.

“I chose this song for the project because it captures what I am and want to be, as an artist,” Bice says.

Matt Wheeler was in a unique position being both an engineer and an artist on the album. He began writing songs at about age 11, after having learned drums, piano and guitar. Using song writing as a creative outlet for emotions he wrote a pop rock song called “Loved” that he wrote during a time in his life where he felt extremely lonely and was having a hard time finding love. He thinks that this is a very relatable song and as such should be the first one he puts out into the world.

The album will be released March 29, 2017.

For more information on Perimeter Road Sound Recordings go to faa.parkland.edu/prsr/index.html.



Mock up of the album art, it will feature all the artists on the album.



ANYTHING GOES

APRIL 6 - 23

music and lyrics by COLE PORTER original book by P.G. WODEHOUSE and GUY BOLTON

HOWARD LINDSAY and RUSSEL CROUSE

new book by TIMOTHY CROUSE and JOHN WEIDMAN directed by JULIA MEGAN SULLIVAN

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PARKLAND THEATRE

FROM PAGE 1

MUSICAL

is the hardest aspect of taking part in the production.

“It takes up a lot of time, especially with a job,” Diener says.

Starting April 6 there will be three weekends of shows, with performances the cast members say will be “lots of fun.”

Ohlsson says “the music’s good and it’s a classic. It’s definitely going to be a fun time.”

Julia Megan Sullivan, the show’s director says that many cast members who had performed in other productions of the musical were “delighted” to be in it again.

“I heard from so many people in the community who wanted to share happy memories of being in another [“Anything Goes”] production,” Sullivan says.

For the cast putting it on, several said they were more nervous when first meeting the other cast members than when they are performing in front of large crowds. Diener said performing in front of large crowds is “kind of fun” for her.

This excitement over performing is not in place of nervousness, but rather in spite of it.

“I’m never not nervous,” Ohlsson says. “Eventually you get used to it and

you learn how to manage it, but when you get up there for the first time, it’s always a little nerve-wracking.”

Cast- and crew-members say they get along and work together well.

“I am so grateful for the team that is launching this production,” Sullivan said. “When we had our first production meeting, I said very clearly that, as the director, I didn’t have all of the answers or ideas. If I did, I would need significantly less talented people on the team. Instead, this show has the benefit of some of the most talented artists and technicians in the area working collaboratively to create something special.”

“‘Anything Goes’ is a gift we are making for our audience,” he said. “We have created something spectacularly fun, lighthearted, and entertaining, and I look forward to sharing it.”

Showings are scheduled for 7:30 p.m. on April 6-8, 13-15, 21, and 22, and 3 p.m. on April 23 in the Harold and Jean Miner Theatre in the C-wing. Ticket rates are \$16 for adults, \$14 for students and seniors, \$10 for children, and \$12 for groups of 15 or more people. Tickets can also be purchased for half-price on opening night.

For additional information on the Parkland production of “Anything Goes,” go to theatre.parkland.edu/anythinggoes.html.

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Fact or Fiction

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Answer on page 7

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TIME MACHINE

From March 15, 1978:

Nursing students get realities of life in clinical settings

by John Barry

Local drug abuse agency Gemini House and Parkland psychiatric nursing students have a good symbiotic relationship going.

As part of their clinical experience, nine nursing students receive 4 hours of training from Gemini on drug education and crisis intervention, then do 14 hours of field work at Gemini (701 N.

State, Champaign), along with on-the-job training. This time is divided between phone duty and crisis team work for Gemini's 24-hour drug crisis line (359-1160), and work on learning stations or drug cards. This semester's training began in late February.

Carolyn Cooper, the psychiatric nursing instructor, set up this arrangement with Gemini about 6 years ago when it was just a fledgling, grassroots service. The Gemini field work puts the students in the milieu setting and gives them experience with preventive work, she said, as well as crisis. Other students are doing field work this semester at Threshold, a halfway house day program, the Council on Alcoholism's Detox Center, Telecare, a social service for senior citizens, and Women Against Rape. Although there have been some criticisms, Cooper feels these arrangements have been valuable, and student evaluations

corroborate this.

Because many will become practicing nurses in the community, Katy Lulich, Gemini's Crisis Coordinator, feels the nurses' involvement is valuable beyond the experience and volunteer hours. "Gemini is interested in the prevention of drug abuse," she said, "and people who are trained in drug education and emergencies may facilitate the education / prevention process."

Other Parkland instructors are encouraged to take advantage of Gemini's education services — speaking engagements, information, and materials, added Lulich.

Gemini has plans to establish a comprehensive learning center in the facility, and nursing students will be working on several learning stations. LaShon Skuta, Donna Birkey, and Mary Hardy will be working on a cocaine exhibit.


Each station is a conglomerate of

information, pictures, articles, bibliography, thought-provoking questions, teaching strategies, and more. By fall, Gemini hopes to have a learning center composed of up to a dozen stations around the house, as well as a small library for teachers, students, and the general public.

Other nursing students will be "translating" the medical jargon of the Physician's Desk Reference drug descriptions into more understandable terms for lay persons.

These Nursing 211 students divide the semester among 4 rotations: 3 weeks geriatrics (at nursing homes), 3 weeks orthopedics, 3 weeks neurology (both at Carle Hospital), and 6 weeks psychiatric (Merch 5E). They spend 20-12 clinic hours per week throughout their two-year program.

LaShon Skuta said of the Gemini experience, "This will be a lot of help for us on the psych ward."




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CLIP AND SAVE

The Basement: Millett's true horror tale

by Evelyn Basile

"All systems of oppression operate on a physical basis; it hurt us to acknowledge that the people we were so desperately trying to be friends with could really treat us so badly," said feminist author Kate Millet to a near-capacity crowd recently.

Speaking on "Women and Violence" as part of the Feminist Scholarship Conference at the University of Illinois, Millett expanded on her theory of women as a "subject people" by saying that women will continue to remain in such a category as long as they fail to care about women who are victims of violence. "We have still not come to understand that acts of violence against women such as those committed by Richard Speck or the more recent Hillside Strangler are political acts.

"Listening to men that summer when the Speck case came out, there were all kinds of laughter and amusement about it — triumphant in fact — that one man had offed so many of us. This man specifically murdered women: in the case of the "Hillside Strangler," seven of the twelve women murdered so far were prostitutes."

Millet, who is the author of *Sexual Politics*, *Flying*, and *Sita*, received her doctorate in literature from Columbia University and has been publically involved with the feminist movement for the last fifteen years in her books and her sculpture. Her work in progress, *The Basement*, deals with her thirteen year "nightmare" with the brutal torture, mutilation, and murder of a 16 year-old girl, Sylvia Likens, that occurred in Indianapolis in October, 1965.

She said the story symbolized "the news of our defeat" passed from woman to woman for thousands of years.

Sylvia and her younger sister were left in the care of a woman, Gertrude, who her parents barely knew, so that they could travel with fairs and continue their business. From July, 1965, to October of that year, Sylvia was tortured and mutilated until she died in the basement of her home by Gertrude and a core group of

five neighborhood boys, although up to twenty other neighborhood children participated in the brutal activities, said Millett.

She said the key to understanding the motive for the crime is the phrase, "I am a prostitute and proud of it" which were carved on the girl's abdomen.

"It meant they killed her out of a set of sexual theories that say females are guilty for sexuality and that it is a crime to be female, and if you do not negate yourself, you will be forcibly broken," said Millett.

The fact that another woman tortured Sylvia was something that Millett said she had a difficult time understanding. Elaborating on this in a *National Public Radio* interview, Millett said, "Sylvia was a clownish character from what I could find out about her, full of the awakening sexuality of the woman-child. Gertrude was trying to convey to her that being a woman in this society is horrible; "she is an agent of our society, a clumsy one at that."

As a result of reading about the crime, Millett began a series of sculpture pieces depicting the crime, including a courtroom line-up of the defendants and various cage scenes. "I went to the darkest corner of my workshop and waited until around 5 p.m., when the light is most depressing, to begin my three hour stint of writing," Millett said in the NPR interview. Five different exhibits resulted from her "obsession" with the crime, which included slides of the actual areas where the torture took place, copies of photos and articles as the case came to trial, and the sculpture pieces.

"In *Sexual Politics*, I was interested in how the system operated with a minimum of physical violence. We had not yet dealt with rape, the battered wives, and the murders. We were still trying to appeal to the enlightened element... the equal pay issue and equal opportunities. We realize now we have to stop taking getting murdered so lightly."

Millet read excerpts from her work, expected to be published within two years. "Nubile and 16, somehow Sylvia is sex to the world around her, and somehow that is a crime."

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Security warns of thievery

An increasing and ongoing problem at Parkland College is the theft of personal items. For various reasons, items of personal property are being taken, it is assumed, from students by students. Students are making it easy for the potential thief. Coats, books, handbags, etc., are constantly being left unattended, with the owner fully expecting to return to his property to find it still there. Naturally a person with theft on his mind will take advantage. In fact, given such an easy opportunity, who can say who might turn into a thief?

A few guidelines to follow while on campus are as follows: never leave your coat, purse, books and other personal belongings lying around unattended. This includes leaving things in the lounges and restrooms. There have been instances when students leave their personal belongings on the shelves in the restrooms and go into one of the stalls. An unattended purse on a shelf is an open invitation to the prospective thief. As much as we hate to admit it, there are thieves among us.


Any incidents of theft should be reported promptly to Parkland Security through the Parkland Switchboard Operator. This is especially important when the theft involves credit cards or blank checks. Checks have been passed that have been reported stolen at Parkland College.

In closing, please keep your personal belongings with you, within your control, and report any suspicious activities which might result in the loss of belongings by others, to Parkland College Security through the Parkland College Switchboard Operator. With your cooperation, this problem will be kept to a minimum.

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Director of Safety and Security
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PUZZLES&COMICS

Crossword
(solve for the answers below)

1		2		3		4		5		6		7		8
9										10				
11								12						
14		15										16		17
19						20								
22														
26														
28														

- ACROSS
- 1 Confused sound of voices coming from the infant wing? (5)

4 It's a common situation for jockey to put money on filly coming first (9)

9 Composer's entered in Grove incorrectly (9)

10 Volunteers return to desert to find a race indigenous to 16 (5)

11 Learning type associated with Pisa? (6)

12 One's said to fall asleep around noon (8)

14 Henry's to dash to church, substituting for one in city of 19 (9)

16 Country displacing capital after revolution; royal leader being last (4)

19 Poet has no love for 16's news agency (4)

20 Having given ear to Cockney's arrogance, love, you finally admitted it is tedious (10)

22 The French gent's criminal – he goes inside for stretch (8)

23 One to laze about before afternoon may well be found in bed (6)

26 Plies the product, possibly, with sales patter (5)

27 Reckon he's mad to hold scorpion's tail (9)

28 One who arranges for newspaper to rise in circulation (9)

29 He brings wine from Bordeaux to American city (5)
- DOWN
- 1 In the US it's expensive for epicene to get credit accepted (3-6)

2 Head of secret service in 16 is lifted away from part of 16 (5)

3 Having a bit of foliage that's present in the smallest possible amount? On the contrary (8)

4 Ditch bowler before end of spell – twice? (2-2)

5 Feel 'unger very badly – desiring dish that's best served cold (10)

6 Former partner's wrong to demand money with menaces (6)

7 Give barman tip as token of appreciation for providing starter? (9)

8 Drink half finished by murdered statesman of 16 (5)

13 Agrees to be silent, mostly, about controversial c-cases (10)

15 Standing for salesman doing a bunk – and feeling bitter about it (9)

17 Surgeon's tool found in grate by a politician (9)

18 British leader never ordered Zurich to be evacuated and captured (8)

21 Left without a blemish (6)

22 Money given by fool for old rope (5)

24 Riefenstahl's associated with Nazism, chiefly (5)

25 With sun's endless heat, river is to dry up (4)

SUDOKU

	9	4			1			
5					4	1	3	
	1		5	9			6	4
9			4				5	
	6		9		7		4	
	5				8			6
6	7			8	5		2	
	3	1	7					5
			6			8	7	

Answers from last week

5	7	1	8	9	6	4	3	2
6	8	4	3	2	7	5	1	9
3	2	9	5	1	4	6	8	7
9	4	5	7	8	2	3	6	1
2	6	8	4	3	1	9	7	5
1	3	7	6	5	9	2	4	8
8	1	2	9	6	3	7	5	4
7	5	3	2	4	8	1	9	6
4	9	6	1	7	5	8	2	3

Answers from last week

1	B	A	R	B	I	R	O	L	L	I		7	F	L	A	T	
	U		A		I		O		M			E		R			
9	E	D	U	C	A	T	O	R		10	B	A	R	B	E	R	
	I	K		E			E		U		M		N				
11	S	E	A	S	O	N			12	L	I	E	G	E	M	A	N
	N						U		E				N				
13	A	C	T	S			15	T	R	I	P	L	E	T	I	M	E
	E	H		O					A			E		A			
18	I	S	A	A	C	S	T	E	R	N		20	D	A	R	E	
							R				L		G			K	
21	H	22	A	R	P	I	S	T	S		24	R	U	T	T	E	R
	K		L		O				P		I		H		L		
26	W	E	B	E	R	N			27	E	L	D	O	R	A	D	O
	L		S				G		T		G		O		E		
28	M	A	S	S			29	S	C	H	O	E	N	B	E	R	G



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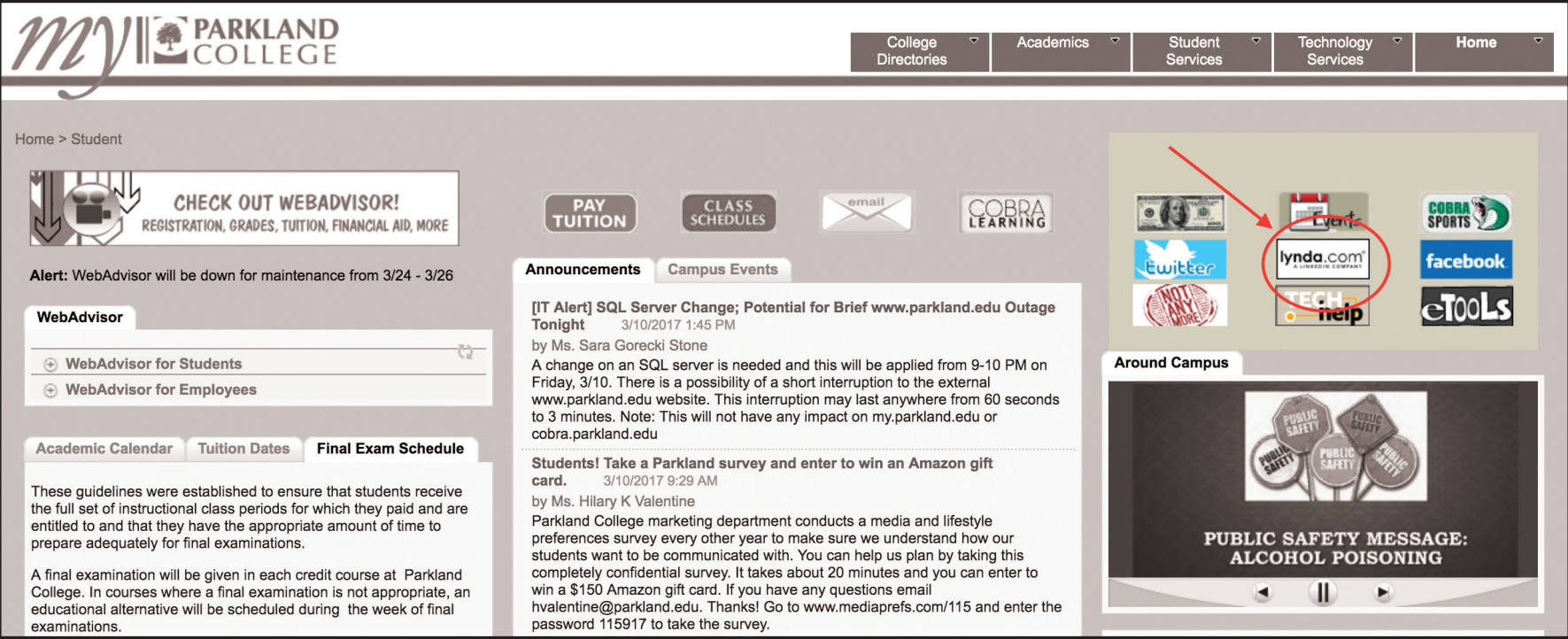
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TECHNOLOGY

Lynda.com provides students with ways to build their skills



Screenshot from my.parkland.edu.

Alex Davidson
Staff Writer

Lynda.com is a service provided to Parkland students by the college that is meant to teach students information that might not be in their standard course material or that they have forgotten. The website, which is owned by LinkedIn, is a collection of online courses available to teach people about a wide variety of topics. It is free for Parkland College students, and is a useful tool when it comes to remembering material from a previous class. “Lynda is really useful when I don’t remember something and need a refresher,” says Mariah Sherman, a Parkland student. There are over 1,000 courses available, most of which are under

three hours long. Each course is broken up into different sections as well so that students don’t have to sit through each course all at once. The website is good for learning new skills, as well. There are courses in almost every subject, from two-dimensional drawing, to writing, and to AutoCAD. These courses can make for a fun hobby; and for students who haven’t decided on a major, it can help them find something that works for them. There are courses for things that are not normally learned in class, as well. Many courses cover topics that could be useful in being successful in the transition from high school to college. “There’s a lot of student tools on productivity [and] study skills,” says Tracey Hickox, Director of the Center for Academic Success.

The site has a section titled “Learning Paths” that takes different courses and groups them together into separate sections meant to tackle the important parts of whatever path students want to take. These Learning Paths have names such as “Become a Web Designer” and “Become a Digital Marketer,” and are meant to help teach students the skills to do whatever they want. There is also a page on the site that contains a list of all the classes completed. Each course completes comes with a “certificate of completion,” which proves you took the course. These are earned these by watching every video in a course. Depending on the field students go into, and whether or not they absorbed the information, these can be used as résumé boosters. The website has also been

implemented in some classrooms. In graphic design classes especially, Lynda.com is now required to get full points for classes. This ensures students learn how to use the program on their own, so that if they need to expand their skills with something new they can. “We introduce Lynda.com in the very first, 100-level first semester class,” says Paul Young, an instructor of graphic design at Parkland. “[We] hope that students will get a taste of how far they can go and how quickly they can go, [so] that in more advanced classes, we don’t need to force students to use [Lynda.com] for full credit.” To sign up for Lynda.com and start using the service, click the link on the right side of your my.parkland.edu page and sign in with your Microsoft account.

FROM PAGE 1

VET TECH

are prepared for the occupational environment. “Students will get a lot of hands-on learning,” she says. “There is lecture, and it goes over a lot of vocabulary, but most students take it in stride... The majority of students will get a job once they graduate.” Hands-on learning means that students actually get to work with real animals. These animals include dogs, cats, rabbits, mice, guinea pigs, etc. “Students get to work with animals one on one,” Hurley says. “They work with a variety of animals. They work with dogs and cats, which is the majority of their hands-on learning. They also work with lab animals which include rabbits, mice and guinea pigs.” The professors who teach the vet tech program take great care to make sure they do not overuse their animals. They also adopt out their animals once they have finished the school year. “We get new animals each fall,”



Photo provided by Laurie Lobdell | Veterinary Technology Program
Vet techs practice bandaging techniques on Shaggy.

Hurley states. “We get the cats, and some of the dogs, from a shelter in Danville. We adopt out the pets near May. We have always placed

the animals into homes at the end of spring. They are spayed, neutered, vaccinated, and socialized. We follow a protocol to keep the animals safe



Photo provided by Laurie Lobdell | Veterinary Technology Program
A vet tech practices bandaging techniques on Jumbo.

during class. Safety and well-being of the animals are our top priority.” To learn more about Parkland’s vet tech program, visit parkland.edu/academics/departments/health and click on “Veterinary Technology” in the list on the left side of the screen.

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All unused issues of The Prospectus are donated to the Parkland College Veterinary Technology program or the Champaign County Humane Society.

TRAVEL

Travel Tips: A

guide to spring break

Destiny Norris
Staff Writer

With spring break just around the corner, lots of Parkland students and staff are looking forward to packing up and jetting off somewhere, hoping for some much needed rest and relaxation. Complied below are tips for how to travel this spring break with minimal stress.

To start with the basics, figure out the main logistical details. The ‘where’ and ‘when’ are important to figure out first because different places have different temperatures at different times of day and will factor into the style of dress required, as well as what else goes in the suitcase. Nothing takes away from a good vacation like frozen limbs (only one example of the many atrocities that will undoubtedly occur if the weather forecast is not consulted). Make sure to pack a lighter tee shirt and heavier option, like a wool sweater, in case the weather fluctuates on either end.

Another factor to take into consideration is geography. Headed seaside? Pack a good jacket. Winds coming in off the ocean tend to make beach areas a bit cooler than expected.

This leads to the first packing tip: layers. Packing items that can easily

be added or subtracted ensures that personal temperature is maintained while walking, sightseeing, sitting, or running to catch the right train. Basic items like tee shirts and long sleeves, button up shirts and pull over sweaters are good items for layering.

Another tip is to pack a variety of shoes geared towards the activities planned. For leisurely vacations, pack shoes for more casual events and maybe a nice dinner, but if there's lots of sightseeing to be done, stick to a favorite pair of trusty, blister-me-not shoes that will be comfortable all day long. Keep clothes clean by packing shoes in plastic shopping bags, and save space by arranging them toe to heel. Pack socks inside of shoes to help them maintain their shape and save space.

Packing a suitcase can feel a bit like stuffing items endlessly into a clown car. Having a strategy in place helps, though, which leads to the next tip. When putting clothes in, roll them first; it saves space and keeps wrinkles at bay. Lay pants flat at the bottom of the suitcase or on top of a rolled layer of shirts and sweaters. Let the waistband and ankles of the pants lie over the edges of the suitcase. Place rolled tops and sweaters on top of the pant legs, and then fold the top and

bottom of the pants over the layer of clothes.

Packing extra zip-able disposable bags is another great way to save space and stay neat. Using Zip-lock for dirty laundry maintains the freshness of other clothing (packing dryer sheets will also help keep clean clothes odor free). Sandwich sized plastic bag can help keep similar items together, like hairpins and jewelry. However, nearly all ladies know the pain of necklaces and jewelry becoming intimately acquainted with each other while traveling. To avoid this, string necklaces and other long chains through drinking straws to keep them separate.

To save a few bucks, invest in a set or two of Travel Security Agency-approved travel bottles. This helps to avoid the cost of buying travel sizes of favorite products, which are cheap at first glance, but add up quickly. Instead save samples and use those as travel sizes. Put pieces of plastic wraps over the openings of bottles before screwing the lid on to avoid messy mishaps and leaks.

After you are done getting packed, it's time to check in and go through airport security. In the blessed age of the iPhone, checking in online has never been easier. Make sure to do so

24 hours in advance to get a good seat. Most airlines now have apps that make checking in a breeze, and will send notifications of flight changes as they occur. Downloading the airline's app, even if it's just during the traveling period streamlines the arrival-to-takeoff process and provides more accessible peace of mind.

Last but not least; when going through airport security, things can get messy. Jackets and shoes have to come off, laptops have to come out, passports and cell phones must go through the scanner. A favorite tip is to save tote bags, cotton or otherwise, and keep them folded in another bag. Upon arrival at security, take out the tote bags and put jackets, keys, phones, passports, shoes etc. in the bag. This ensures that everything stays together, and makes it delightfully easy to grab everything off the belt in one go, eliminating stress about who's waiting impatiently to grab their items next.

Traveling should be something to enjoy, not to dread, and these hacks will help that dream become a reality.

So pack up, and don't forget the sunscreen. Bon voyage, Parkland.

What to do for spring break in C-U

Derian Silva
Staff Writer

Spring break in Champaign-Urbana can be a difficult time for Parkland students to find things to do. Most of the students from the University of Illinois leave, which causes many places on campus to close early. So, here are some things going on during the week of March 20 in Champaign-Urbana.

Monday night, Blade will be playing at the Art Theatre at 7 p.m. After that you can go check out the local talent at Open Mic Night with host Mike Ingram at the Canopy Club at 9 p.m. If you're feeling inspired, you can go and perform as well. The Canopy Club is an 18+ scene, ID required.

Tuesday is a perfect day to explore Champaign-Urbana without all the students around. The Krannert Art

Museum has exhibitions open all day: “American Abstract Artists,” “Autumn Knight: In Rehearsal,” “Enough to Live On: Art From the WPA,” “Land Grant, Light and Movement in Sculpture,” and “Zina Saro-Wiwa: Did You Know We Taught Them How to Dance?”

Maybe you feel more like supporting Parkland? Then, consider checking out Giertz Gallery, which is open from 10 a.m.–7 p.m. and will be featuring the works of Alicia Henry.

Wednesday morning at 11 a.m. you can go to the Orpheum Museum’s “Animal Encounters” event and learn all about the various animals there and take a closer look at their aquatic turtles, land turtle, bearded dragons, veiled chameleon and corn snake. Wednesday night it will be time to bring out your dancing shoes, because there will be salsa music at

Cowboy Monkey. If you don't feeling like dancing, go by Radio Maria and check out Open Decks where various DJ's will come and demonstrate their talents.

Thursday you can go check out the screening of the 2005 classic “Broke Back Mountain,” at the Virginia Art Theater starting at 7 p.m. If you're thinking of maybe listening to some music instead you can go to the Riggs Beer Company in Urbana at 5:30 p.m. and catch a variety of acoustic sets.

On Friday there will be a lot of things to do.

In the daytime you should check out Bacaro's Friday Lunch, an event that goes on every Friday from 11 a.m.–2 p.m. with only one menu item. No reservations necessary.

Then after digesting some of the food and thinking the day over, you can start getting ready for a night filled

with music over at the Independent Media Center where Trashbat will be playing with multiple local acts, starting at 9 p.m. Trashbat is coming all the way from Britain.

If you want to listen to some blues, soul and rock inspired music then you should check out the Bluesmattic Blues Band playing over at Leadbelly's Links Drinks Arcade in Champaign starting at 9 p.m. If you feel like truly rocking out a bit more then check out the Hairbangers Ball at the City Center in Champaign at 9 p.m. If none of those are your cup of tea there is also a show at Blips and Chitz in Champaign with some emo and punk bands, starting at 8 p.m.

Don't get bored around spring break here in Champaign-Urbana; there is plenty to do.

Stay safe and have a great spring break.

FROM PAGE 1

HUMANS

and only went to practice, and had a lot of fun with my friends, and was kicked out for academics.

So I was made to go back home and I had to go to Danville Area Community College, which was like ‘Oh my gosh, I don't want to go to Danville, to DACC.’ It was good for me though because I was at home and it was structured. I finished up there, got my associates degree, loved it actually because it was a small space and I had come from a small town.

Then I went to transfer to [Illinois

State University] and basically the same thing [happened]. I was off on my own for only the second time in my life. I wasn't focused on school, wasn't ready for school honestly, or to be on my own. I either didn't go to class or I would [just] go to my English classes because at that point I had decided I was going to be an English major. I decided I would just to go class and not actually do any of the work.

I ended up getting academically suspended from my second university and then I was working in the real world. I worked in a video store for about five years and loved it, but that wasn't my destiny.

So I ended up going back to ISU and working full time, going to school part time, and finished my degree

before I turned 30 thankfully. I had a job waiting for me as a technical writer. I worked in these corporate environments and hated [it]. I'm just not a corporate kind of gal. I ended up at a temp agency instead.

A friend said to me, ‘Why don't you go back to school to become a librarian?’ And it opened a whole new window for me. I was in my early thirties at the time and I was just like ‘Oh my god, how is that even going to happen?’

So I moved to Chicago from Bloomington and went to grad school, worked full time at a law firm library: loved it. I decided I wanted to be a law librarian because it was where the money was at basically, [but I realized] no: working in a school environment


was going to be a lot more fun.

[I] worked at Illinois Wesleyan University Library, which is a gorgeous thing. But I didn't feel like I was helping people, couldn't get that enjoyment out of work.

When the job came open at Parkland...[I] decided to give it a try. And I got the job, and I've been here for ten years now. Every day that I work with a student and see the impact that we as librarians can have I get kind of choked up about it, because it really means a lot to me to help people.

I feel like [this job] is me trying to nurture the ‘me’ that was struggling when I was an undergrad. I think it's a pretty powerful thing.”

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